Learning Styles and Experiential Learning
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I hear and I forget, I see and I remember, I do and I understand.
Confucius c. 450 BC

The Learning Cycle and Experiential Learning

Experiential learning is all about encouraging students to observe, think, analyse, synthesize, evaluate, and apply what they’ve learned. It’s not just about having practical experiences but using those experiences to move through to higher levels of learning.

We learn better, as well as feel good about ourselves, when teaching is focused on our most comfortable style. However students do not develop other learning skills if they are only taught in their preferred style. The process of learning which best encourages well rounded skill development, is one which moves through all the learning styles.

All students need to be taught in all four ways, in order to be comfortable and successful part of the time while being stretched to develop other learning abilities. They will also learn from each other as they each excel at different places in the learning cycle.